

Scan to # 40655
 Both Sides 40658
 40662



CROCKER & WINSOR
 SEAFOODS



Haddock (*Melanogrammus aeglefinus*)

Share

Years ago, Haddock was only popular in certain Northeast cities, but now has grown to national recognition.



WINSOR BAY
 QUALITY SEAFOODS
Quality. Consistency. and Value

Firm and white flesh with a buttery taste makes this species perfect for many applications.

Product Specifications

Brand	Pack Size	Packing Style	Available Sizes	Country of Origin	Method of Catch
Winsor Bay	1/10 pound	IQF, fillet and loin form	Fillets 6/8—16/32 Loins 4 and 5 oz	China	Wild Caught

Shipping Information

Length	Width	Height	Storage Temp
0	0	0	0° F or Below

Nutrition Facts

Serving Size: 3 oz (85g)
 Amount Per Serving
 Calories: 74 Calories from Fat: 6

	% Daily Value*
Total Fat: 1g	1%
Saturated Fat: 0g	1%
Trans Fat: 0g	
Cholesterol: 48mg	16%
Sodium: 58mg	2%
Total Carbohydrates: 0g	0%
Dietary Fiber: 0g	0%
Sugars: 0g	
Protein: 16g	
Vitamin A: 1%	Vitamin C: 0%
Calcium: 3%	Iron: 5%

Comments:

Ingredients:

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Proud member of



Supporter of



P 617-269-3100 • F 617-269-3376 • E fish@crockerwinsor.com
 P.O. Box 51905, Boston, MA, USA 02265-1905

The information contained in this document is subject to change without prior notice.

WINSOR BAY
 North Atlantic
Haddock Fillet
 Product of China/Wild Caught

Skinless & Boned	
Skin On & Boned	

4-6OZ	
6-8OZ	
8-10OZ	
10-12OZ	
12OZ-16OZ	
16OZ-32OZ	

Manufacturer No. _____
 Production Date _____

Ingredients : Haddock, Water, Sodium Tripolyphosphate
 NET WEIGHT 10 LBS (4.54kg)

